Name of the academic discipline(module)	Sports and mobile games and teaching methods
Code and name of the specialty	1-88 01 02-01 Recreational and Adaptive Physical Training (recreational)
Course	1-4
Semester	1-7
Number of academic hours of the academic discipline(module): lectures seminars practicals	408 12 40 214
Form of control	Credit(2^{nd}, 4^{th},6^{th} semester), exam(7^{th} semester)
Number of credits	11

The content of the discipline

The educational program "Sports and mobile games and teaching methods" provides for the study of sports games: basketball, volleyball, handball and football. Using of modern innovative pedagogical technologies in cooperation of a teacher and a student, the program provides information and knowledge at the theoretical, methodological and practical levels. The program presents general principles of the theory and methodology of teaching mobile and sports games as a means of physical education, aimed at the harmonious development of students' personality, their physical, intellectual, aesthetic and moral education. The effectiveness of using knowledge, skills and abilities in the studying academic discipline is a reflection of the readiness of the future specialists in physical education for their further professional activity, both in sports games lessons and physical training in general.