Name of the academic discipline(module)	Combat sports
Code and name of the specialty	1-88 01 02-01 Recreational and Adaptive Physical Training (recreational)
Course	4
Semester	8
Number of academic hours of the academic discipline(module): lectures seminars practicals	72 12 - 60
Form of control	Credit(8^{th} semester)
Number of credits	2

The content of the discipline

The academic discipline "Combat sports" is the basic theoretical and practical course, the aim of teaching the discipline is to form knowledge, practical skills and abilities for the effective using of combat sports in the physical education system.

The content of the academic discipline is set out in the following sections:

1. General principles of theory and methodology of combat sports.

2. Means of combat sports. Methods of teaching technical and tactical actions.