Name of the academic discipline(module)	Sports and pedagogical improvement
Code and name of the specialty	1-88 01 02-01 Recreational and Adaptive Physical Training (recreational)
Course	I-IV
Semester	1-8
Number of academic hours of the academic discipline(module): lectures seminars practicals	654 - - 654
Form of control	credit (4^{th} semester) differentiated credit (2^{nd} , 6^{th} , 7^{th} semester)
Number of credits	

The contents of the discipline.

The program of the educational discipline "Sports and pedagogical improvement" (SPI) is developed for students of higher educational institutions of the Republic of Belarus. The main task of the discipline is to form a holistic view of the professional activity of a specialist in the field of physical training and sports. Discipline is designed to provide a deep theoretical understanding of the fundamentals of the professional activity of the specialist and instill in students skills of practical implementation of the main theoretical provisions through the specificity of certain sports. All forms of activities in their content reflect the features of the chosen sport, developing and specifying the theory and methods of physical education. Discipline provides for the solution of two main tasks. The first task is to reveal the technology of labor of the teacher of physical education; the second is to ensure a sufficient level of physical readiness. The discipline focuses on the preparation for educational, social, cultural, scientific, organizational and managerial, physical training and sports activities.