The Department of Psychological Support of Professional Activity

Name of the discipline (module)	Psychology (FPE)
Code and name of the specialty	1-03 02 01 Physical Training with specialization 1-03 02 01 03 Sports and recreational, tourist and recreational activities
Course	1
Semester	1,2
The number of academic hours of the discipline (module): Lectures Seminars Practicals Laboratory Practicals	 160 40 30 - –
The form of control	exam
The number of credits	3

The content of the discipline

The study of Psychology contributes to the formation of students ' holistic view of the essence of the system of psychological science, the basics of developmental and educational psychology to prepare them for future careers in the field of physical culture and sports. The main tasks of the discipline: to form a holistic view of psychology as a scientific and practical discipline; to form students ' understanding about the regularities in the development and manifestation of mental processes, conditions and properties of the personality; to teach students to use the psychological knowledge in professional activities; to promote the formation of the learning process, the skills of self-knowledge, self-education.